



CAPA NEWS

CHINA AMERICAN PSYCHOANALYTIC ALLIANCE



Editor's Letter
Karyne Messina, Ed .D



President's Letter,
Elise W. Snyder, M.D.



The current state of affairs in the United States and China

Compared to China, a country that contained COVID-19, in the United States there is obviously a great deal of focus on various aspects of the spreading pandemic. For one thing, many parents are experiencing intense anxiety because they are required to participate more directly in their children's distance education programs. College students are feeling cheated out of experiences they've dreamed of for years because they can't attend classes in person in many cases. The economy is also causing many changes in the way many Americans have lived their lives as businesses and industries have cut back on services. The feelings of unrest have been further exacerbated by the 2020 election which is also causing many people to feel anxious and uncertain about the future. Perhaps we could all learn from our colleagues in China if only we would understand we are part of a larger world.

Literal Tours are cancelled but new options are available

While the wonderful tours CAPA has offered for years are cancelled for the time being because of COVID-19, there will be 1-3 hour live virtual tours that will take, with a guide you to several cities in China. Please check the schedule listed in the newsletter and consider signing up some of them. We expect them to be very popular so space will be limited.

American Psychoanalytic Association (APsaA) Meetings

APsaA will hold virtual meetings from February 9-14, 2021. Please make sure you join us for Dim Sum. While we won't be together, we will be able to exchange ideas through Zoom while sharing tradition Dim Sum cuisine we each order from our favorite Chinese restaurant.

Contributions from our Chinese Colleagues

I know we are all distressed about the Corona virus flaring up again. But there is good news from CAPA. Meetings were held where CAPA students and graduates gave advice to their teachers, treaters and supervisors about dealing with patients and supervisees who had quickly switch to Zoom. Because China was so many months ahead of the West in dealing with the pandemic, these discussions were very useful. We, in CAPA, are lucky. The therapeutic world had to learn how to use Zoom. We already knew.

Good News from China

1- Because of the very strict rules which people followed, the epidemic has been almost completely eradicated in China. Schools, restaurants, museums, etc. are open. People can walk about without masks. I just wish that things were going that well here. Please everyone—BE CAREFUL.

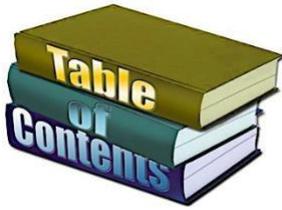
2- Members of CIC (CAPAIN CHINA) has organized 3 Mandarin language psychotherapy training programs using the CAPA curriculum which they are translating. The teachers are CAPA advanced training grads (some are distance analytic candidates). CIC has also organized a training program with two 50 person classes for "beginners." The teachers in this program have taken a class in pedagogy—more than the rest of us have done.

3- CAPA had the usual 160 basic training applicants, 40 of whom were chosen. There are now two CAPA graduates of distance analytic training, who are now APsaA Members. We hope the IPA will admit them to the IPA membership. I am looking forward to seeing all of you on Zoom

CAPA DUES WERE FORGIVEN BECAUSE OF THE PANDEMIC.

We are now beginning to collect them again.

Please pay now and please make tax-deductible contributions to CAPA



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CAPA MOVIE NIGHT “The Farewell”



USA: Saturday, November 21, 7:30PM-10:30PM (Eastern Time)

CHINA: Sunday, November 22, 8:30AM-

The story of a Chinese American woman who goes to Beijing to visit her dying grandmother. The only problem is, according to the Chinese way, the family has not told her she is dying. It’s about family, saying goodbye, and the difference between eastern and western points of view.

Friends and Family Welcome! Can Sign Up Here Too!



CAPA NEWS

You thought you couldn't go to China this year
BUT YOU CAN

CAPA has arranged eleven 1-2 hour guided ZOOM Tours

Speak to our superb guides, each other and people you meet.

Beijing, Xi'an, Chengdu & Shanghai Travel to China with CAPA- Virtually!

The pandemic may have prevented us from hosting our annual tour this year but, rather than denying you the opportunity to experience the sights and sounds of China, CAPA is offering you the tour experience on the internet in the form of a variety of live, guided tours! Join our experienced tour guides to view the fabled Terra Cotta Warriors of Xi'an; visit the giant pandas in Chengdu; enjoy a river night cruise in Shanghai; attend a cooking class at the Cuisine Museum- and cook along at home, if you wish.



All tour groups are purposely kept small so that the virtual tourists are able to ask questions of the guides and interact with each other much as you would be able to do in person. The tours are affordable as well as enjoyable for people of all ages- **Invite your children, grandchildren, colleagues and friends. All are welcome!**

Tour dates are booking quickly. New dates and locations are added frequently and will be offered through the spring.

Sign up to join us in China, from your own home, here:

https://capa-forms.formstack.com/forms/virtual_china_tours_2020_21

EACH TOUR has **Minimum** 8 people and **Maximum** 17 people.

ALL WELCOME: Family, Kids, Friends, Colleagues etc. **MORE IS BETTER!**

\$25 FEE/person per tour.

WEST COAST PEOPLE: If no time is listed, contact: Bonnie Evans
capabevans@gmail.com



Teaching and supervising students in China is a great experience.

If you can teach a class, supervise or treat a CAPA student
please send your CV me at dr.karynemessina@gmail.com

I will forward your information to the appropriate board member or committee chair.

Now that most instructors are familiar with distance learning, we hope more institutes will begin to accept CAPA students which is a very rewarding endeavor. If your institute is interested, please contact me and I will provide you with more information. All inquiries can be sent to me at dr.karynemessina@gmail.com

Editor's Quiz



GUESS THE NAMES OF THE PSYCHOANALYSTS!

Name as many famous analysts as you can. Send them to me ASAP at dr.karynemessina@gmail.com
10 points for the first response, 1 point for each correct answer. No peeking please!



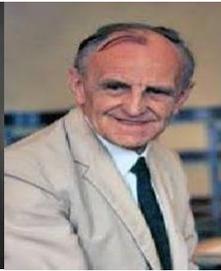
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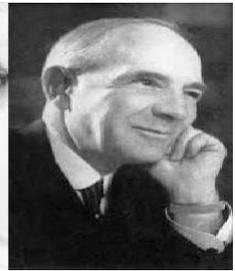
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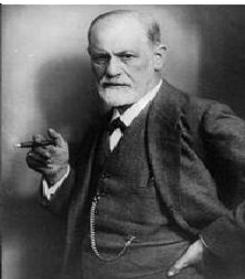
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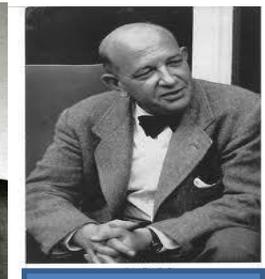
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NEWS FROM CIC

CIC established a Training Department in 2020 and launched two training programs. The first one, "Train the Trainee," fifty-two CAPA graduates of Advanced Programs, or above, were recruited and chosen to become trainers. Lectures covered teaching techniques, ethics and techniques of group supervision. These were given by experienced trainers who are also CAPA graduates. Presentations of their teaching accompanied, with feedback by four consultants who have become psychoanalytic candidates after finishing CAPA programs.

The second program, "Marching toward 1000 Hours", is a Psychodynamic Psychotherapy Program for beginners whose number of clinical hours is between 100 and 300 hours. The curriculum is modeled after CAPA Basic Program technique class with an addition of one ethics class. Over 120 applications were received and 50 applicants were selected by means of an interview. The two parallel classes, each with 25 students, will commence on October 9 and 10 ends in June 2021. Topics will be supplemented by local chapters who hold public thematic talks, such as psychiatric knowledge for counselors, working with LGBTQ communities. We are looking forward to rewarding results of this program and the birth of new programs in the coming future.

Continuing Education Courses

<http://www.capachina.org.cn/cont-ed>

PSYCHOANALYSIS AND THE ELDERLY

Presenter: Mi Yu, M.D., Ph. D.

China Seminar Date: Friday, September 25, 2020 **China Seminar Time:** 9:00PM-10:30PM (21:00-22:30) **US Seminar Dates:** Friday, September 25, 2020 **US Seminar Time:** 8:00AM- 9:30AM (CDT) **Prerequisites:** Open to all CAPA students and graduates

INTRODUCTORY GESTALT EXPERIENCE THERAPY

Presenter: Clarice Fangzhou Hassan, LMSW

China Seminar Dates: Monday, October 19, 2020 **China Seminar Times:** 8:00PM-9:30PM (20:00-21:30) **US Seminar Dates:** Monday, October 19, 2020 **US Seminar Times:** 8:00AM – 9:30AM (EST/NYC) **Prerequisites:** Open to all levels of CAPA students and graduates.

TRAUMA AND THE DISSOCIATIVE STRUCTURING OF THE MIND

Presenter: Sheldon Itzkowitz, Ph. D.

China Seminar Dates: Saturdays - November 7, 14, 21 and December 5 **China Seminar Times:** 8:30AM – 9:30AM (Beijing Time 08:30-09:30) **US Seminar Dates:** Fridays – November 6, 13, 20 and December 4 **US Seminar Times:** 7:30PM – 8:30PM (NYC Time) **Prerequisites:** Open to all levels of CAPA students and graduates

TERROR IN PSYCHOTHERAPY

Presenter: Lawrence Hedges, Ph.D., Psy.D., ABPP

US Seminar Dates: Saturdays – December 12 and 19, 2020

THE CALL OF DARKNESS: A RELATIONAL LISTENING APPROACH TO SUICIDE INTERVENTION

Presenter: Lawrence Hedges, Ph.D., Psy.D., ABPP

US Seminar Dates: Fridays - January 8 and 15, 2021

PSYCHOANALYTICAL PSYCHOTHERAPY OF COUPLES AND FAMILIES

Presenter: Paulina Zukerman, Ph.D.

US Seminar Dates: Fridays, March 5, 12, 19 and 26, 2021



Gordon Berger	Santa Monica CA	George Bermudez	Pasadena CA
Kirsten Beuthin	San Francisco CA	Boguski Patricia	Marlton CA
Laura Chapman	Cleveland OH	Howard Covitz	Elkins Park PA
Ruth Duek	Haifa Israel	Jorgelina Corbatta	Ann Arbor MI
Susan Goodman	Westport CT.	Judith Hughes	La Jolla CA
Fangzhou Hasan	Brooklyn NY	Julie Jaffee Nagel	Dexter MI
David Isenman	San Francisco CA	Marta Pedó	Porto Alegre Brazil
Meredith Naidorf	New York NY	Walter Spear	Northford CT
Bruce Roth	Walled Lake MI	Robert Taylor	Fresno CA
Elisabetta Superchi	University Heights OH	Ryan Wilson	Philadelphia PA
Kulvadee Thongpibul	Bangkok Thailand	Michael Zentman	Centerport NY

CAPA Newsletter extends its' apologies to Jorgelina Corbatt for omitting her name in the previous CAPA Newsletter in the New Members Section



New CAPA Students

LAST	FIRST	ENGLISH	CITY	LAST	FIRST	ENGLISH	CITY
Cai	Yuntian	Iris	Shanghai	Wang	Yi	Susan	Shanghai
Cao	Xiufang	Belinda	Hangzhou	Wu	Yong	Angus	Guiyang
Chen	Dingxuan	Dean	Quanzhou	Xie	Qiuyuan	Joey Karen	Zhuhai City
Ding	Yueqing	Gretchen	Shanghai	Xing	Quanchao	Jessica	Beijing
Feng	Xuehan	Elena	Guangzhou	Xu	Ke		Beijing
Ho	Nim Chee	Annie	Hong Kong	Yang	Xi	Bol Yang	Hehcuau
Hu	Danfeng	Danny	Shanghai	Yang	Yuanbo	Coral	Chengdu
Huang	Yuemei	May	Deyang	Yao	Jie	Wendy	Shenzhen
Jiang	Xuan	Sharon	Chengdu	Yu	Wei	Sophie	Beijing
Jiao	Li	Adele	Shenzhen	Yuan	Weiwei	Zengying	Shanghai
Liu	Bin	Artemis*	Qingdao	Zeng	Ying	Liven	Hangzhou
Ma	JuanJuan	Emma	Beijing	Zhang	Liwen	Rosemary	Beijing
Qi	Ying	Ying	Shanghai	Zhang	Ruoxin	Nancy	Chengdu
Qiu	Min	Jed	Shenzhen	Zhang	Yifei	Yushan	Beijing
Rui	Zichen	Rui	Beijing	Zhang	Yushan	Ginger	Dailian
Shi	Hang	Daniel	Harbin	Zheng	Jingjing	Valentina	Shenzhen
Wang	Haotong	Kathy	Hangzhou	Zhou	Chunxiu	Jessie	Lishui
Wang	Jinting	Vonnie	Shenzhen	Zhou	Jing	Joanne	Chengdu
Wang	Wei	Ivy	Beijing	Zhou	Yuan	Susan	Beijing
				Zhuang	Shujie	Raymond	Shanghai
				Zhuang	Wenxu		Shanghai

CONGRATULATIONS TO ALL CAPA GRADUATES

CAPA Graduations occurred this fall via Zoom with a ceremony and speech from Dr. Elise Snyder, M.D.

October 24th, Beijing
 October 31st, Chengdu
 November 5th, Wuhan

November 6th, Shanghai
 November 14, Shenzhen



YEAR 2 - BASIC PROGRAM 2018-20

Last Name	First Name	English
CAI	Yiyun	Irene
CHEN	Lihua	
CHEN	Yuanyuan	Jessie
DING	Jiewei	Cecelia
DING	Yuyang	Young
DU	Jingyi	Janine
FAN	Qiongyu	Lisa
GOU	Na	Alice
HOU	Dan	Elliana
KONG	Fanqiong	Kelly
LAU	Haiyen	Zoe
LI	Ning	Henry
LI	Xu	Lucy
LI	Yang	Young
LIU	Li	Alice
LIU	Qingxiao	Joy
LU	Jingzhe	Ginger
MAO	Minie	Philip
OUYANG	Lina	Christina
TANG	Hualu	Helen
TANG	Ke	Justin
WANG	Yingying	Jessica
WANG	Yizhou	Joe
WANG	Yu	Claire
XIAO	LuQi	Lucy
XIE	Mengshu	Mimosa
XUE	Jiong	Jessica
YANG	Feng	Ethan
ZHANG	Yangqing	Daisy
ZHANG	Yiqing	Ekin
ZHAO	Chongsi	Tracy
ZHAO	Na	Selena
ZHENG	Yuchen	Katherine
ZHOU	Peng	Hunt
ZHOU	Yiwen	Even
ZHU	Huifen	Feny

INFANT OBSERVATION PROGRAM 2019-20

Last Name	First Name	English
CAO	Kai	Carl
TONG	Jing	Blair
WANG	Yingying	Jessica
YAN	Sisi	Melody
ZHOU	Lingshu	
YEAR 2		
HUANG	Jiajia	Jia
LI	Siyuan	Athena
TANG	Lijun	Candy
YUE	Ye	
ZHANG	Lei	Lena

YEAR 4 - ADVANCED PROGRAM 2018-20

Last Name	First Name	English
CHEN	Gong	Will
DENG	Yangrui	Gaby
GAO	Juan	Heidi
GAO	Xiali	Sally
GAO	Yuan Yuan	Hatti
GONG	Liqin	Rita
HONG	Feng	Connie
HU	Bin	
JI	Weihua	David
LAI	Yan	Rita
LI	Min	Limin
LI	Shunmei	Amy
NIE	Hanying	Flora
SHANG	Yuan	
SUN	Ping	Sunny
TANG	Fei	Fey
TANG	Yun	Grace
WANG	Jing	Jane
WANG	Wenxia	Amanda
WEI	Yan	
WEN	Xin	Shin
XING	Xiaochun	Jane
YU	Lili	Lily
YU	Tingting	Rebecca
ZHANG	Jie	
ZHANG	Yan	Juliet

SUPERVISION PROGRAM 2019-20

Last Name	First Name	English
CAI	Zhijian	Andrew
DENG	Jing	Jane
DU	Qingyun	Queenie
FENG	Gang	Paul
GONG	Shu	Didi
HU	Wei	Laura
LI	Hang	Hannah
LING	Chen	Dawn
MA	Xiaoyun	Sharon
QU	Lili	Lily
SHEN	Li	
WU	Bing	Winnie
WU	Haiyan	Alice
YU	Guoyu	Jade
ZHONG	Ou	

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Administrator: Toni Maeck

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Administrator: Catherine Stankowski

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Administrator: Catherine Stankowski

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Administrator: Bonnie Evans

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Administrator: Bonnie Evans

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Administrator: Bonnie Evans

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